

DID YOU KNOW?

According to a National Family and Health Survey in India 2005, the rate of domestic violence was just over 30%.

Various studies have indicated that the rate RISES with immigration to the US, to about 40%, possibly due to an increase in social isolation among immigrants.

WHO WE ARE

Sewa-Aifw is a nonprofit organization committed to serving, supporting, and enhancing family wellness for the South Asian community, especially the vulnerable and underserved, in the Twin Cities and throughout Minnesota.

We provide health care access; wellness information and resources; access to family violence resources and supports; and elder socialization activities.

CONTACT US

24-7 CRISIS LINE
952-912-9100

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Minneapolis MN 55406
763-234-8301
www.sewa-aifw.org
info@sewa-aifw.org

WOMENS PROGRAMS

Assisting & supporting women in the South Asian community



OUR SERVICES

CULTURALLY SPECIFIC

Our organization is run by culturally sensitive volunteers and staff who are understanding and can empathize with any situation.

24/7 FAMILY CRISIS LINE

Our crisis line is answered by culturally sensitive counselors ready to assist individuals and families experiencing violence, mental or physical health emergencies, and immigration and legal emergencies.

EMOTIONAL WELL-BEING

We arrange services, resources, & referrals for individuals and families dealing with emotional problems, mental health concerns, suicidal thoughts, depression, anger, stress, isolation, etc.

SUPPORT OUR INITIATIVES

We focus on not only on providing direct services and interventional care to victims of abuse, but increasing awareness of domestic abuse in the South Asian community.

DONATE @

WWW.SEWA-AIFW.ORG

OUR SERVICES

HELP & SHELTER

We provide immediate help and shelter referrals for victims of abuse and assistance in accessing and navigating health services, public benefits, housing, and free or low-cost legal aid.

EDUCATION & OUTREACH

We are focused on creating educational resources for the purpose of community outreach.

RESOURCES

We help to find the resources and learning opportunities to assist in gaining back both personal and financial freedom.

CHAI & CHAT

Our free, Monthly Chai & Chat events provide a constant interaction that reduces isolation and tackles various topics in a fun and supportive manner.