



*First Major Asian Indian*

# **Health and Resource Fair**

*For Families and Children*

**Saturday, Aug. 7, 2010**  
**8:30 a.m. to 3 p.m.**

Hindu Temple of Minnesota, Nath Auditorium  
10530 Troy Lane N, Maple Grove

***It's free! Everyone is welcome!***

- Education seminars between 9:30 - 11 a.m.
- "Finding Your Medical Home" - keynote remarks by Dr. Jon Hallberg, University of Minnesota and Minnesota Public Radio
- Medical screenings with medical specialists

**BLOOD TESTS\***

- Blood glucose
- Cholesterol
- Blood pressure
- Vision (general testing)
- Body Mass Index (BMI fitness)
- Community resource exhibitors

\* For best results, **fast for 9-12 hours** prior to tests.  
**FREE BREAKFAST** offered between 8:30-9:30 a.m. to first 300 guests. Register online at [www.sewa-aifw.org](http://www.sewa-aifw.org).

**Sponsored by:**

*Civil Society of Minnesota, Fairview Hospital, Minnesota Dept. of Health, North Memorial Hospital, Otto Bremer Foundation, UCare, and University of Minnesota Medical School*

*Sewa-Aifw is a non-profit 501(c)(3).*

**For more information, call 763-234-8301.**

